



St Mary's News

End of Term Messages from Mrs Bushell



St. Mary's R.C. Primary School
A Voluntary Academy
Holcombe Drive, Burnley, Lancashire BB10 4BH
Tel: (01282) 427546



e-mail: messages@st-marys-burnley.lancs.sch.uk
web-site: www.st-marys-burnley.lancs.sch.uk

🌿 A Little Forest School News from St Mary's! 📰

Dear Parents and Carers,

Sometimes, even the best adventures need a little pause! 🌱

After half term, we'll be putting our Forest School wellies away for a little while. Unfortunately, we aren't currently able to meet all the necessary safety and legal requirements to run our sessions, so we need to take a short break while we get everything in place.

But don't worry — this isn't goodbye to the great outdoors! Our plan is to bring Forest School back after Christmas, ready for more exploring, discovering and muddy adventures! 🌳

In the meantime, we're swapping our woodland adventures for an extra PE session each week! 🏃🏆⚽ This means even more opportunities for our children to get moving, build their confidence, develop teamwork and have lots of fun.

Thank you for your understanding and continued support. We'll keep you updated as we work towards bringing Forest School back in the new year.

For now, our wellies might be resting, but our energy certainly won't be! ❤️

Kind regards,

ST Mary's Team !!!



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Dear Parents and Carers,

WE DID IT!

What a half term it has been! A little bit busy, a lot of hard work, plenty of learning and perhaps a few extra deep breaths along the way!

We wanted to take a moment to say a HUGE thank you to all our wonderful parents and carers for your continued support, patience and encouragement over the past few weeks. It really does mean so much to us.

Our school is so much more than bricks, books and a very large collection of glue sticks! It is a community, and we are incredibly lucky to have such amazing children and families as part of ours.

We are so proud of our children and grateful to our staff for everything they do each and every day to make our school the special place it is.

Now, it is time for everyone to enjoy a well-deserved half-term break!

Our half-term survival checklist:

- ☒ Uniform in the wash (or at least somewhere near the washing machine!)
- ☒ Alarm clocks switched off
- ☒ Lunchboxes having a little holiday
- ☒ Plenty of rest, fun and family time
- ☒ Absolutely NO school-run alarms for a week or two!

Whether you are off on adventures, enjoying days out, having cosy days at home or simply enjoying a slower pace, we hope you have a wonderful break together.

Thank you once again for being part of our school family. We look forward to welcoming everyone back after half term, refreshed, recharged and ready for the next adventure!

Have the BEST half term, everyone! Put your feet up, make some memories and don't forget... you've got this!

Best wishes,

Mrs Laura Bushell



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🌟 Growing Independence at St Mary's! 🌟

Dear Year 1 and Year 2 Parents and Carers,

After half term, we will be making a little change to our morning drop-off routine for our Year 1 and Year 2 children.

From Monday, children will be dropped off by parents and carers at the KS1 gate, where members of our teaching team will be waiting to greet them with a smile and ensure they enter school safely. 😊

This small change is all part of helping our children to grow in confidence, develop independence and take those important little steps towards doing things for themselves. We want them to feel proud as they walk into school, ready to learn and take on the day!

Please be reassured that staff will be there to welcome the children and make sure they are safe.

We also understand how important it is to share messages and have a quick chat when needed. Mrs White and Mrs Haida will be outside to help communicate any messages to the team. If you need a longer conversation with your child's class teacher, or would like to speak to me, please pop to the school office and we will arrange this.

Thank you, as always, for your support in helping our children become confident, independent and responsible little learners.

Little steps towards independence lead to big things! 🍌

Kind regards

Mrs Bushell

Our Stars of The Week...

Today we had 150 children who took part in our Spooky Treasure hunt for having 100% attendance!

A huge well done to all the children we are so proud of you all! Please don't worry if you didn't get to join this one we will be having another attendance celebration just before Christmas!

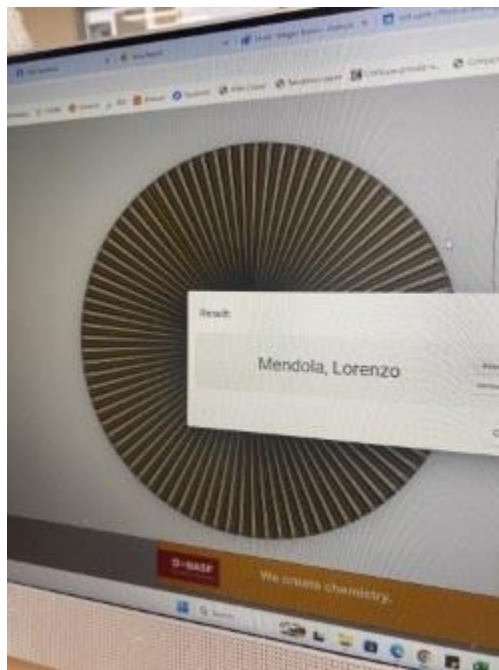






Also... Today we drew the winner for our Golden Ticket Cinema Voucher for 100% attendance for the term.

We had 660 children's names entered into the spinning wheel and the winner was... Lorenzo from Reception!! Well done Lorenzo, we hope to see some pictures of your trip to the cinema!!



What's been going on this week?





We had a fabulous walk to the park this morning to observe signs of Autumn. We saw lots of different coloured leaves all falling from the trees along with berries and conkers. We were lucky that it didn't rain. The children had a great time and were fantastic.





Year 4 visited Blessed Trinity this morning to join schools in the Academy to celebrate year of reading event.



Year 5 enjoying Chronicles of Narnia: The Lion, The Witch & The Wardrobe after finishing their Narnia topic in English!



Many thanks for all the chocolate donations we have received on Wednesday! This is only a small amount of what we have received for the Christmas Fayre. Thank you!





We are champions! Panathlon bowling challenge, our fantastic four!





Our year 6 bench ball team





Year 6 ended their art unit with a session led by street artist, Jamie. They have worked incredibly hard on their ideas and sketches over the last 6 weeks and we are proud of the pieces you have produced

Parent Noticeboard

**Free Parenting Hub Session:
Understanding Children's Sleep Habits and
Routines**



SLEEP HABITS & ROUTINES

The Parenting Hub

@ NEW ERA BURNLEY
3RD NOVEMBER
9.15AM - 10.30AM

@ TAY STREET FAMILY HUB
20TH OCTOBER
9.15AM - 10.30AM

 **THE ANNEXE**

Get Online Week

Digital Skills Drop-In Event

Accent



Monday 26th October



10.00am - 13:00



Burnley Together, Down Town
Charter Walk Shopping Centre,
Burnley, BB11 1QJ

Whether you're new to technology or just need a helping hand, we're here to support you.

Drop in and get guidance with:

- Setting up and accessing email accounts
- Navigating websites and online services
- Creating and managing secure passwords
- Using smartphones, tablets and laptops with confidence
- General troubleshooting and digital support

Bring along your device and our team will be happy to help you build your digital skills in a friendly, relaxed environment.

No booking required - just come along and see us!

For more information, please contact:



0345 678 0555



communitydevelopment@accentgroup.org



delivered by the
Mental Health
Support Team

CHAOS TO CALM GROUP

Build a stronger relationship with
your child?

- Reduce challenging behaviour and improve cooperation?
- Develop positive parenting strategies that work?
- Improve your child's confidence, emotional wellbeing, and social skills?
- Feel more confident and supported as a parent?

Sessions will cover

- Identifying and understanding children's behaviours.
- Build and develop relationships between parent and child.
- Develop and build practical strategies.
- Develop Calm Time.
- Building strategy toolkit to continue progress.



What else...?

- ✓ Sessions are Confidential and held at your school
- ✓ Participate as much or as little as you would like
- ✓ Small Groups (4-8 people)
- ✓ Sessions are one hour a week in school time for 6 weeks

For more information

 www.healthyyoungmindslsc.co.uk
 CYPMH EAST @ Burnley General
Hospital
 01282 628800



delivered by the
Mental Health
Support Team

CHAOS TO CALM GROUP

Im interested - how do I sign up?

- Speak to your Pastoral/Mental Health lead within school to let them know you are interested in the group.
- School will take some details such as the reason you would like to attend and the impact your Childs behaviour are having and share this with us (Mental Health Support Team)

How will I know if I have been accepted onto the group?

Once we receive your details from school, we will arrange a (confidential) video call appointment between you/your child and a mental health practitioner to ask some more questions and check your suitability for the group.



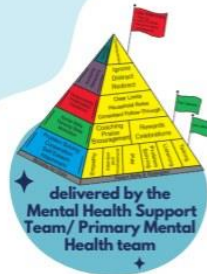
The mental health practitioner will then speak with their supervisor to confirm your suitability for the group or if another service would be more beneficial instead



The mental health practitioner will then call you back to confirm your place and give you all the details of when the group will be held



THE INCREDIBLE YEARS® PARENTING PROGRAMME SUPPORTING PARENTS TO HELP CHILDREN THRIVE



Who Is It For?
Parents and carers of children aged
5-12 years
who would like support in:
Managing behaviour difficulties
Building confidence as a parent
Supporting their child's emotional
wellbeing
Creating calmer family routines

Sessions will cover

- 👤 Strengthening parent-child relationships
- 👏 Using praise and encouragement effectively
- 💬 Improving communication
- 😊 Supporting emotional regulation
- 🌱 Managing difficult behaviour positively
- 🏠 Problem-solving and conflict resolution
- 🏫 Building school success and confidence



Do you want to:

- ✓ Build a stronger relationship with your child?
- ✓ Reduce challenging behaviour and improve cooperation?
- ✓ Develop positive parenting strategies that work?
- ✓ Improve your child's confidence, emotional wellbeing, and social skills?
- ✓ Feel more confident and supported as a parent?

THE INCREDIBLE YEARS® PARENTING PROGRAMME
SUPPORTING PARENTS TO HELP CHILDREN THRIVE

delivered by the
Mental Health Support
Team/ Primary Mental
Health team

Im interested - how do I sign up?

- Speak to your Pastoral/Mental Health lead/ School nurse within school to let them know you are interested in the group.
- School/ School nurse will take some details such as the reason you would like to attend and the impact of the current difficulties is having and share this with us (CYPMH-East)

How will I know if I have been accepted onto the group?

Once we receive your details from school, we will arrange a confidential assessment appointment between you and a practitioner to ask some more questions and check your suitability for the group.

The practitioner will then speak with their supervisor to confirm your suitability for the group or if another service would be more beneficial instead

The practitioner will then call you back to confirm your place and give you all the details of when the group will be held

PARENTS!

WE'RE EXCITED TO INTRODUCE OUR NEW

READING SWAP SHOP

IN THE FRONT OFFICE

ALL WELCOME!

TAKE IT
Choose a book and enjoy reading it.

RETURN IT
When you've finished, kindly return it.

SWAP IT
Or swap it for another book to enjoy!

IF WE ARE ASKING OUR CHILDREN TO READ, THEN WE CAN HELP THEM BY READING OURSELVES!!

BOOK DONATIONS WELCOME!
If you have books you've enjoyed and would like to pass on, please donate them to our Reading Swap Shop.
THANK YOU!

READ TOGETHER
GROW TOGETHER
THRIVE TOGETHER

TOGETHER WE CAN BUILD A LOVE OF READING FOR LIFE.

Reception 2027

Come and Discover Our Reception Class!

Is your child due to start school in **September 2027**?

We warmly invite parents and carers to visit our Reception classroom, meet our staff, and find out more about life at our school.

DROP-IN SESSIONS

Come along, look around our learning environment, and ask any questions you may have.

Wednesday 7th October

🕒 9:30am - 10:15am

🕒 1:30pm - 2:15pm

Wednesday 21st October

🕒 9:30am - 10:15am

🕒 1:30pm - 2:15pm

INTERACTIVE CHILDREN'S SESSIONS

We are also hosting special hands-on sessions designed for children to explore, play and experience Reception activities.

Wednesday 7th October

🕒 4:30pm - 5:30pm

Wednesday 21st October

🕒 4:30pm - 5:30pm

Bring your child along to join in the fun!

PLEASE CONTACT THE SCHOOL TO LET US KNOW WHICH SESSION YOU WILL BE ATTENDING

To help us plan for your visit, please contact the school to let us know which session you and your child would like to attend.

Call us:

01282 427546

Email us:

messages@st-marys-burnley.lancs.sch.uk

WE LOOK FORWARD TO MEETING YOU!

A happy place to learn, play and grow.

Year 4 Swimming

Our year 4's swimming lessons started on Wednesday 9th September and will continue every Wednesday for the rest of the Autumn term. Please make sure children are bringing their swim costume/shorts, towel and girls require to have their hair neatly tied up in a bun/plait.

Lunchtime Clubs

JOIN OUR SCHOOL CLUBS!

Make friends. Learn new things. Have fun!

THERE'S A CLUB FOR EVERYONE!

 <p>ECO WARRIORS MONDAY 12:00–12:30pm Care for our world and take action to make a difference.</p>	 <p>CHAPLAINCY MONDAY 12:00–12:30pm A time to reflect, pray and support our school community.</p>
 <p>SCHOOL COUNCIL TUESDAY 12:00–12:30pm Have your say and help make our school an even better place!</p>	 <p>CAFOD CLUB TUESDAY 12:00–12:30pm Learn, pray and act to support our global family.</p>
 <p>YOGA (Y5/6) WEDNESDAY 12:00–12:30pm Stretch, breathe and find balance for body and mind.</p>	 <p>READING CLUB (Y3) THURSDAY 12:00–12:30pm Share stories, discover new books and enjoy reading together.</p>
 <p>TIMES TABLES (Y4) THURSDAY 12:00–12:30pm Boost your confidence and become a times tables superstar!</p>	 <p>CALM COLOURING (KS1) THURSDAY 12:30–1:00pm A time to relax, be creative and unwind.</p>

GET INVOLVED!
 TRY SOMETHING NEW AND SHINE!

CHECK THE NOTICE BOARD FOR MORE DETAILS.
WE CAN'T WAIT TO SEE YOU THERE!

Learning Letters Autumn 2

Year 2 Learning Letter Autumn 2 2026



St Mary's R.C. Primary School, Burnley

Learn and grow together in Christ.

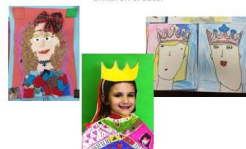
Homework Learning Challenge

This half term in History we are learning about Queen Victoria.

We will be learning about her life before and after becoming Queen and the impact she had on the world. Children are encouraged to create a self-portrait of themselves as a royal.

The self-portraits can be created using any material you like. Some examples are felt tips, colouring pencils, fabric or natural materials such as leaves, pinecones or grass – let your imagination run wild!

We can't wait to see what amazing portraits the children create.





ENGLISH – This half term in English year 2 will be reading Rosie Revere, Engineer which links with the unit on mechanisms that the children have been working on. We will then move on to The Polar Express on the leads up to Christmas.

READING PRACTICE – Children will take part in a minimum of 3 reading practices a week – Tuesday, Wednesday and Thursday. We will focus on different aspects of reading throughout these 3 days. The same book is sent home on Thursdays for children to read and must be returned every Monday.



MATHS – Our Maths focus will continue with addition and subtraction where we subtract within a hundred, use number bonds to 20 and solve missing number problems.

We will then look at 2D and 3D shapes and lines of symmetry. This unit then leads on to looking at shape in more detail including faces, edges and vertices.

Children can also practice their times tables (2's, 5's and 10's) at home using IT Rockstars.



SCIENCE – Animals including humans are this half term focus where we will look at the similarities and differences of growth cycles, the importance of a balanced diet and how exercise is essential to the lives of both animals and humans.



History – Queen Victoria is this half term focus and links with this half term homework project. We will look at her life before and after being Queen and what learning about the colonies she ruled, we will discover what an impact she had on these countries and their people.

RE – The unit this half term is Prophecy and Promise. Looking at the message from God about what will happen and the promises he made.

Art – Drawing is this half term focus looking at different tones and textures.

COMPUTING – We will be looking at the IT around us and how it is used.

PE – This will take place every Monday and Thursday and we will be learning about movement and playground games of the 20th century.

MUSIC – Children will be learning and creating different Christmas music alongside learning our Christmas nativity songs.



Y3's KIRFS (key instant recall facts) for this half term are the eight times table. Children should be able to instantly recall multiplication and division facts up to 8x12=96. These will be practiced in class in a daily basis, but additional learning at home makes all the difference. Pupils can access the **TimesTableRockstars** application at home; login details are in home reading records. More information on the **KIRFS** can be found on the class page of the school website.

Home Learning Challenge...

Have a go at home! These home learning challenges are a great way to secure your learning whilst having fun at the same time!

You will see below a few ideas for possible activities to complete at home relating to our current topics. You can draw pictures, write sentences or even take photographs. You can send any videos or pictures through class dojo. Please hand your homework in on or before **Friday 11th December** so that we can celebrate the children's hard work in class and award prizes and dojos! Have fun!

Write up the Jesus's Birth and illustrate it.

Create a model of a human skeleton out of whatever medium you like!

Create your own packaging for a product of your choice.

Research a climate zone and create a poster for it.

Learn and Grow Together in Christ

Dt & Geography
Structures (Product Packaging) & Climate Zones

Year 3 Learning Letter
Mrs Tyson Autumn 2 2026

Mathematics

The Autumn term concentrates on developing strong number sense and calculation fluency. Pupils deepen their understanding of place value to 1,000, apply this knowledge to addition and subtraction, and begin to build secure multiplication and division foundations that will support later learning in Year 3.

English

We are continuing our learning based on Our Tower by Joseph Coelho as part of our new English scheme this term. We will also be covering The Barnabus Project by The Fan Brothers and a whole school text of The Polar Express. The children will explore these texts and complete writing opportunities such as letters, lists of rules, character descriptions, diaries, short playscripts, short reports, guides, poems, setting descriptions, diary entries, dialogue and letters of thanks, instructional writing and advertisements.

Reading

Children will participate in four twenty-minute guided reading sessions per week. Each week the whole class will focus on a text. After reading the text, we will focus on questions based on the VIPERS (vocabulary, inference, prediction, explain, retrieve, summarise) reading targets. Children who read, succeed! We are using **A Bear called Paddington** as our class text. Please try to listen to your child read at home as much as possible. Just five minutes a day can make a huge difference. We will listen to children read in school so please ensure your children bring their reading book in DAILY so we can sign their diaries.

Religious Education

The children will be continuing the new scheme 'Lighting the Path' that they started in year 2. The focus for autumn term is Prophecy & Promise which gives the children an understanding of what happens at Mass and the account of the birth of Jesus through Matthew's Gospel.

Geography

Our Geography focus this half-term is Climate Zones. On completion of this unit, pupils will be able to:

- Describe and understand key aspects of physical geography, including: climate zones –
- Identify the position and significance of latitude, Equator, Northern Hemisphere, Southern Hemisphere, the Tropics of Cancer and Capricorn and Arctic and Antarctic Circle

Science

This term the children will be covering Animals including Humans. They will learn about keeping the body healthy through diet and exercise, learn the names of the bones and muscles and identify invertebrates and vertebrates.

Design & Technology

In this unit, children will explore, investigate and evaluate current product packaging. They will then design, make and evaluate their own product packaging.

Spanish

In this unit, children will learn the names of different animals in Spanish and learn the verb 'soy'.

Other important information

PE in Year 3 will be on a **Monday & Wednesday** afternoon. If children are not in the new sports uniform, please ensure they wear PE kit suitable for indoor and outdoor PE sessions.

Spellings will be sent home every **Monday**. The homework sheet should be completed throughout the week ready for a test the following **Friday**. The children have learnt different strategies to practice their spellings and can do this on some paper as their homework if they prefer.

Thank you all for your support. Please communicate with Mrs Tyson should you have any questions or concerns about your child's learning or any other issue.

Year 4 Learning Letter Autumn 2

Tutankhamun Death Mask



St Mary's R.C. Primary School, Burnley

Learn and grow together in Christ.

We ask that pupils practice reading every night. Spellings will be sent home on Friday for a test in the following week. In year 4, we focus on times tables and ask all pupils practice all times tables up to 12 x 12. Pupils can use times tables rockstars along with practice sheets.

Homework learning challenge.

Pupils can research about Tutankhamun and create their own project about Ancient Egypt. This could be 2D or 3D model death mask using resources to hand at home. Maybe you could create a 3D model of a canopic jar from recycled items.



PE will be on Fridays.
Swimming will be on Wednesdays. Ukulele will be on Thursdays.

Dear Parents and Carers,
It's the countdown to Christmas! We have an exciting curriculum planned for Year 4 in autumn 2, filled with engaging learning throughout the curriculum. Here is an overview of what your child will be learning over this half term:

- **English:** Pupils will be continuing to explore the historical and captivating book, The tomb of Tutankhamun. Followed by the exciting Until I Met Dudley.
- **Maths:** We will be looking at area, then multiplication and division.
- **Science:** In our science lessons, pupils will be continuing their investigations into States of Matter (solids, liquids, and gases).
- **History:** Time travelling back to Ancient Egypt.
- **Art:** Painting & Mixed Media – Light & Dark
- **Spanish:** In our modern foreign language curriculum, pupils will be studying Las verduras.
- **Computing:** Year 4 will be creating digital media – Audio production.

Thank you for your continued support in your child's learning journey. If you have any questions about the curriculum, please do not hesitate to speak to the class teacher.
Warm regards,
The Year 4 Team
Mrs Collins, Mrs Francis and Mrs Topping.

Homework We continue to ask that children read their reading books when they are sent home and bring them back every **Monday**.

You will see below a few ideas for activities relating to our current topic. Please use one of these ideas or use your own idea as a basis for a home learning challenge this half-term. You can draw pictures, write sentences, or even take photographs of the work that you have carried out at home. Please hand your homework into school on or before **Thursday 17th December** so that we celebrate the children's hard work.

Design your own magical ticket for the Polar Express.

If the Polar Express could take you anywhere magical, where would you go?

Use foam modelling (construction foam) of paper to make your own train.

THE POLAR EXPRESS

Year 1
Miss Daley
Learning Letter Autumn 2 2026

THE POLAR EXPRESS

Mathematics
This half term we are focusing on Addition and Subtraction within 10. During this unit we will be adding and subtracting using a range of manipulatives and resources such as ten frames, part whole models, fact families and bar models.

Key Instant Recall facts

- Number bonds = 10
- Counting forwards and backwards from any number within 10.
- Part + Part = Whole and Whole = Part + Part

English
This half term we will be looking at the story The Polar Express – by Chris Van Allsburg. During this unit, the children will be identifying characters appearances, thoughts and feelings and looking at setting descriptions. By the end of this unit, the children will be writing their own narrative based around this story.

Children will take part in a minimum of 3 reading practices a week – **Monday, Tuesday and Wednesday**. We focus on different aspects of reading throughout these 3 days. This includes...

Reading practice 1: Decoding – identifying phonics within text
Reading practice 2: Prosody – reading with expression
Reading practice 3: Comprehension – questioning throughout the story.

The same book is sent home on **Wednesdays** for children to read along with a reading for pleasure book.

Religious Education
The unit this term is called Promise and Prophecy. The unit will include:

- The Annunciation and the visitation
- Exploring the important roles of Angel Gabriel, Elizabeth and Mary
- The Christmas Story

Topic

In **DT**, the children will be looking at the 'Structures'. They will be creating, designing and making their very own structure.

In **Science**, Year 1 will look closely at 'WOW' experiments. The children will be using a range of skills to plan, observe and carry out experiments as well as evaluating them.

In **Geography**, Year 1 will study Continents and Oceans. By the end of the topic children will: Identifying which continent we are in, naming all of the continents around the world, labelling these on a map as well as naming the oceans in order from the largest to the smallest.

In **ICT**, Year 1 will be working on the unit Creating Media – Digital printing. This half term we will be building on the skills taught in Unit 1 so the children are able to create different pictures using a range of apps and tools.

In **Music**, the children will be exploring the unit – Dance, Sing and Play. We will be using different instruments independently, singing and performing.

Thank you all for your support. Please contact school if you have any questions or concerns about your child's learning, or wish to discuss any other issue

Important information



A Little Reminder About Breaktime Snacks

Dear Parents/Carers,

Just a little reminder about our breaktime snacks. We are very proud to be a Healthy School and encourage our children to make healthy choices throughout the school day.

At breaktime, children are welcome to bring fruit or vegetables to enjoy as their snack.

   We kindly ask that children do not bring cereal bars, chocolate, crisps, Snackables, chicken or other packaged snacks for breaktime. We really appreciate your support in helping us encourage healthy eating habits and making sure our school expectations are consistent for everyone.

Thank you, as always, for your continued support! 

Powered by Breakfast!

You wouldn't expect a car to run without fuel... and children are exactly the same!

Please make sure your child has some breakfast before coming to school each morning. Hungry brains find it much harder to concentrate, learn, remember things, and tackle the school day — especially before lunchtime arrives.

It doesn't have to be anything fancy. A bowl of cereal, some toast, fruit, porridge, or even a quick banana on the way out of the door can help give children the energy they need for a busy morning of learning, playing, and growing.

After all, spelling tests, maths lessons, and playground adventures are serious business!

Thank you for helping us keep our learners fuelled up and ready for the day ahead.

Parents,

If there are any changes in terms of allergies, medication, contact numbers, photo consent or anything we need to know about please ensure that you are keeping us regularly up to date. If you also would like to come in and check with us that what we have on our system is correct please call into the office, it is so important that we have all the correct and relevant information to keep your children safe.

Kind Regards

The office team



St. Mary's R.C. Primary School
A Voluntary Academy

Holcombe Drive, Burnley, Lancashire BB10 4BH

Tel: (01282) 427546

e-mail: messages@st-marys-burnley.lancs.sch.uk

web-site: www.st-marys-burnley.lancs.sch.uk

Head teacher: Mr Ian Jones



Dear Parents/Carers

Due to a child in our school with a severe nut allergy we are now a nut free school.

Please ensure that any snack or packed lunch your child brings to school does not contain any nuts.

Thank you for your continued support.

Kind Regards

School Office

As some of you may have seen, St Marys recently joined TikTok!! Please can we remind parents to complete the consent form on Arbor to let us know if you are happy for child to feature on our account. If you don't want your child to be on our account please still fill out the consent so that we can

Many thanks



This weeks birthdays! 🎂

Here are all the children who celebrated their birthday this week or will be celebrating this weekend, HAPPY BIRTHDAY! 🎂

- Mohammad (Year 2)
- Hannah (Reception)

- Sahl (Year 1)
- Elijus (Year 3)

Arbor Help

Parents can enable push notifications when installing the Parent App on their phone, which means they'll be notified when they've been sent a new in-app message (whether they're logged in or not).



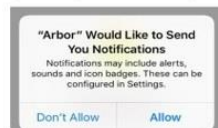
Sometimes, parents may stop receiving push notifications to their phones. Even though they may have enabled push notifications on their phones, iOS devices occasionally block push notifications if the phone is receiving a lot of them.

If they do stop receiving messages, they can complete the below steps to enable them again:

1. Close the Parent App (make sure that it's not running at the background - see [this video](#) on how to do this)
2. Go to your settings and switch OFF push notifications for the Parent App.
3. Restart your phone.
4. Go to the settings and switch ON push notification for the Parent App.
5. Restart your phone again.
6. You should then be able to receive push notifications again.



If after all the steps above have been completed and push notifications are still not appearing, uninstall the Parent App from the device and install it again. When installing the second time, make sure that you agree to receive push notifications from the app.



Breakfast & Afterschool Club

Please can you ensure that all sessions for Breakfast and Afterschool club are pre-booked and paid for on our new Parent app Arbor.

Also when collecting children please make sure you sign your child out from afterschool club.

Many thanks for your continued support

Library

  Guess what? Our library has opened its doors to everyone and their grown-ups... and we can't wait!  Every Friday after school, the library will turn into a cosy little adventure zone where you can:

- Dive into new stories
- Discover magical worlds
- Pick out a brilliant book to take home

Bring your curiosity, bring your imagination — and bring your grown-ups too. We'd *love* to see you there!

Please note the library is now located in the main school building, pop into the office and we can show you the way!

What's going on in our Area...









BURNLEY NETBALL CLUB

Be Active
Be Confident
Be Part of the Future! ♥

WE ARE ON THE LOOK OUT FOR NEW MEMBERS YEARS 1-4

Girls and Boys Welcome! ♥

ENJOY YOUR FIRST SESSION FOR FREE!

 FUN GAMES
  BASIC SKILLS
  MAKE NEW FRIENDSHIPS
  BUILD CONFIDENCE

Learn New Skills and Enjoy Sport! ♥

SESSION DAY & TIMES SATURDAYS

 9.15 – 10.30 am School Years 7, 8 & 9	 10.30 – 12.00 pm Years 10 and up	 12.00 – 1.15 pm Years 5 & 6	 1.15 – 2.15 pm Years 1 – 4
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VENUE: BURNLEY COLLEGE,
 EVOLUTION FITNESS


INTERESTED?
 PLEASE CONTACT:
linmissyirene@sky.com

We can't wait to meet you! ♥

BE ACTIVE ♥ BE CONFIDENT ♥ BE PART OF THE FUTURE! ♥



Lancashire & South Cumbria NHS Foundation Trust

East Lancashire Young People's Mental Health

Concerned about your Mental Health?
Are you under 18 or concerned about someone under 18?

Advice sessions are available on-line via 'Attend Anywhere'
Delivered by CYPMH East
tinyurl.com/ELCAS-LSCFT



Enter the word "CYPMH East" as the first name and "drop in" as the second name followed by your date of birth.
You will then enter our virtual waiting area where we will collect you.

Wednesday 7 th October 2026	1pm – 3pm
Wednesday 14 th October 2026	3pm – 5pm
Wednesday 21 st October 2026	5pm – 7pm
Wednesday 28 th October 2026	1pm – 3pm



AUTUMN 2026

MONDAYS

THRIVE & WORK WELL

10-12pm

Support with skills, training, employment and wellbeing. Receive tailored advice, help with CVs and interviews, and access to wellbeing support. Whether you're looking for work, in employment, or off work due to illness, support is available, including funding for activities such as gym and swim passes.
Contact: 01282 686402

ICANN

10-12pm

Help with filling in benefits forms.
POP * ESAS * UCSD * CHED DIA * AA
01773 746 861 to book an appointment

ALPHA COURSE

10.30-12pm

The Alpha Course is a great place to ask the big questions of life, meet new people and discover more about the Christian faith.
Life Church 01282 454149
info@lifekc.org

12 STEP LIFE RECOVERY

12-2pm

12 Step Life Recovery supports individuals in their struggles with different types of addictions and dependencies. The meetings are 100% confidential.
01997 016087
mcdavid@lifercovery.co.uk

TUESDAYS

Helping Hearties Peer Support Group

North West Hearties

1-3pm (Every other week starting 1st September)

A peer to peer support group where disadvantaged people can meet in a non-judgmental safe space, to support each other with housing, behaviour, access further support and break down barriers together.
01733 321 152

WEDNESDAYS

CITIZEN'S ADVICE

9-12pm

Supporting with a range of queries such as Benefits, Housing, Family, Employment, Willkiss and specialist Debt help for those in financial difficulty.
0800 278 7975
www.caa.org.uk

ICANN

10-12pm

See Monday for details.

PATH

10 - 11.30am

(18th September, 2nd October, 18th November, 16th December)

Parenting can be hard, especially if your child or teen is struggling emotionally and/or has a neurodiversity. You can feel too isolated but are not alone. Why not sit or up in for a brew and get advice, support, and chat to other parents who understand the struggles.
Helen.Tyler@P-A-C.org.uk

BURNLEY COUNCIL HOUSING

10-12pm

(20th September, 28th October, 26th November)
Advice and information on all housing issues.
enquiries@burnley.gov.uk | 01282 477234

NATIONAL ENERGY ACTION (NEA)

(1st and 3rd Wednesday of the month)

Concerned about your energy costs? Access free, confidential and impartial energy advice to help you understand your energy bills and meter, improve energy efficiency, manage household energy costs, and reduce energy debt. Advisors can also help you explore the support available, and signpost you to specialist financial support.

COMMUNITY WELLBEING

How the Burnley

10-12pm

Need a little help with digital skills or managing your money? We're here to support you. Whether you'd like help paying safe online, using apps on your phone, accessing online services, or managing the costs of everyday living, our friendly team can provide support that's tailored to your individual needs. Pop in for a chat, ask a quick question, or access ongoing support.
01282 455 302

NORTHERN COMMUNITY BANK

10-12pm

(20th September, 14th October, 11th November, 8th December)

An easy, ethical way to save, and a convenient and affordable way to borrow.
help@nccbank.co.uk

BURNLEY HEALTH & WELLBEING TEAM

10-2pm

Supporting you with physical and mental health needs, including social isolation, and healthy living.
help@burnley.co.uk

DEMENTIA CARERS PEER SUPPORT GROUP

11-12pm

(2nd September, 7th October, 4th November, 2nd December)

Do you care for a friend or family member who is living with Dementia? Come along to our monthly peer support group to chat with people living in a similar situation. A dedicated staff member from Carers Link will be on hand to support you.
01284 307444

CARERS LINK MEET UP

11-12pm

(22nd September, 28th October, 26th November)

Carers and the people you care for can sit in for a cuppa and lunch in the Down Town cafe. A warm welcome for everyone.
01284 307 444

THURSDAYS

CAP DEBT SUPPORT

9.30-12pm

(17th September, 12th October, 10th November, 17th December)

Expert debt counselling with support for repayment, in-depth, long term insolvency options and more complex cases.
01473 770114 | anthonyhodgson@cap.org.uk

THE FREEDOM PROGRAMME AND RECOVERY & EMPOWERMENT

Non-judgmental, friendly groups around Domestic Abuse and recovery. Run by experienced practitioners.

Please ask staff for more details or contact Burnley Together.

CONNECT TO WORK - EMPLOYMENT SUPPORT DROP IN

10-12pm

(2nd & 17th September, 1st, 15th & 29th October, 12th & 26th November and 10th December)
Fully funded programme supporting individuals to remove barriers to paid employment

WORK WELL

10-12pm

See Monday for details.

RED ROSE RECOVERY FAMILY SUPPORT

10.30-12pm

(2nd September, 1st October, 5th November, 3rd December)

The group is for families and loved ones who need a safe space to share about what is going on for them around caring for or living with someone in addition, offering tools and advice and support.

ANN'S CRAFTY CROP FOR WELLBEING

1-3pm

Join us for an afternoon of craft and chat where everyone is welcome.

FRIDAYS

NATTERSHACK

10am onwards

Come take a seat... See who you meet! All ages welcome - no need to book. Come for a natter with coffee and cake or stay for lunch.
andrea_theron@hotmail.com

FOODIE FRIDAYS AT DOWN TOWN

10-12pm

Looking to build your cooking confidence and try new recipes? Come along to a fun and practical cooking program designed to help you cook healthy meals on a budget, meet others, and take home great food and skills.
To book your place 01282 456462
contact@burnleytogether.org.uk

ICANN

10-12pm

See Monday for details.

BURNLEY HEALTH & WELLBEING TEAM

10-2pm

See Wednesday for details.

ASD PEER SUPPORT GROUP

10-12pm

(18th September, 2nd October, 6th November, 4th December)

Peer support to people of all ages, and anyone can pop in no need to book.
01284 307444

KNIT AND NATTER

12-3pm

Relaxed, informal group where everyone is welcome.

For any information, support or guidance please contact Burnley Together on 01282 686402 or contact@burnleytogether.org.uk or facebook.com/BurnleyTogether

Online Safety



Online multiplayer games can be brilliant places for children to play, socialise and share interests, but some gaming communities can become hostile or harmful. This guide explores toxic gaming behaviours including bullying, deliberate sabotage, discriminatory abuse, threats and doxing, as well as the ways these experiences can affect a young person's wellbeing both online and offline.

Parents and educators can play an important role in helping children navigate these challenges. The guide highlights practical steps such as using privacy and communication settings, blocking and reporting abusive players, choosing safer gaming communities and encouraging children to play with trusted friends. Above all, it explains why open conversations about harmful behaviour can help young gamers recognise problems and seek support.

IS IT REAL?



STAYING ALERT IN AN AGE OF DISINFORMATION

We are exposed to large amounts of information every day; online, on social media, in group chats, and through word of mouth. Not all of it is accurate...

False or misleading information can spread quickly and influence opinions, behaviour, and trust.



Understanding the difference between misinformation, disinformation, and misrepresentation and knowing how to respond helps individuals, communities, and organisations make informed decisions and prevent harm.

DID IT REALLY HAPPEN?



TACKLE FALSE INFORMATION!

PAUSE BEFORE YOU SHARE

- Stop and ask: is this accurate?
- Avoid sharing information you haven't checked.

CHECK THE SOURCE

- Is it from a trusted organisation or official website?
- Look for named authors, dates, and references.

CROSS-CHECK THE FACTS

- Search for the same information on reliable news sites or official sources.
- If it's true, it should be confirmed elsewhere.

ASK SIMPLE QUESTIONS

- Where did this come from?
- Is anything missing or taken out of context?

CHALLENGE RESPECTFULLY

- Correct misinformation calmly and politely.
- Focus on facts, not blame or arguments.

REMEMBER

As can be used to impersonate anyone! Videos and audio are not so they came from where you think they did! Don't give away your information. It's better for a fake video or image information.

WHAT COMMUNITY GROUPS AND ORGANISATIONS CAN DO

- Share clear, consistent, and accessible information.
- Address misinformation early before it spreads.
- Be open, honest, and transparent in communications.
- Use plain language and avoid jargon.
- Provide trusted sources and signposting.

REPORTING MISINFORMATION

- If content is harmful or misleading:
- Use social media reporting tools.
- Report concerns to the relevant organisation.
- Encourage others to rely on verified information.

KEY MESSAGES TO REMEMBER

- Not everything online is accurate.
- Intent matters, but impact matters more.
- Everyone has a role in slowing the spread.
- Checking information protects individuals and communities.

FINAL THOUGHT

Share responsibly as staying informed. PAUSE. CHECK. VERIFY. THEN SHARE.

WHO CAN YOU REPORT IT TO?

If misinformation, disinformation, or misrepresentation is causing harm, distress, or confusion, there are official bodies you can report it to. The right place depends on what the information is about and the impact it is having.

1. SOCIAL MEDIA AND ONLINE PLATFORMS

Most platforms have reporting options for:

- False information
- Scams and impersonation
- Harassment or harmful content

Reporting helps platforms review, label, reduce the spread of, or remove content.

2. SCAMS OR FINANCIAL HARM

Report to: Action Fraud (the UK's national fraud reporting service)

This helps identify patterns and prevent further harm.

3. IMMEDIATE RISK, ENCOURAGEMENT OF VIOLENCE OR SERIOUS HARM

- 999 in an emergency
- 101 for non-emergency concerns

4. TV, RADIO, VIDEO - ONLINE SAFETY & HARMFUL CONTENT

Ofcom regulates broadcasters and has responsibilities around harmful online content.

5. MISUSE OF PERSONAL DATA, FALSE CLAIMS AND DATA PROTECTION

Report to: ICO (Information Commissioner's Office)

6. FALSE OR MISLEADING BUSINESS CLAIMS

- Your local council's Trading Standards service

7. INVESTMENT, BANKING AND FAKE FINANCIAL FIRMS

Report to: Financial Conduct Authority (FCA)

8. EMPLOYERS, SCHOOLS, OR ORGANISATIONS

If misinformation affects:

- Staff, service users, or volunteers
- Workplace or school environments
- Community services or partnerships

Report internally so organisations can:

- Correct false claims
- Communicate accurate information
- Support those affected

Important Tips When Reporting

- Keep screenshots, links, and dates where possible
- Don't engage aggressively or share further
- Use clear, factual language when reporting
- Encourage others to rely on verified information

REMEMBER

If misinformation causes harm, confusion, fear, or financial loss — it can and should be reported. Early reporting helps protect individuals and communities.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National College Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS

ALLERGIES AND ANAPHYLAXIS

- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an adrenaline device, injected into the outer upper thigh or using a nasal device.
- Anaphylaxis is a medical emergency and a threat to life.

ANAPHYLAXIS SYMPTOMS

AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.

BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.

CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.

In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.

Two doses
0.15 mg or 0.3 mg

TOP 14 FOOD ALLERGENS:

(However, be aware people can be allergic to anything.)

CELERY	FISH	CRUSTACEANS	EGGS	MILK
SOYA	LUPIN	CEREALS	TREE NUTS	SESAME
MUSTARD	MOLLUSCS	PEANUTS	SULPHITES	

NON-FOOD ALLERGENS:

POLLEN	PET HAIR/DANDER	INSECT VENOM	MEDICATION/DRUGS
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LINKS TO FURTHER RESOURCES - Scan the QR codes to find out more

			
AllergyWise®	EpiPen	Jexi	ADRENALINE AND AADS

Meet Our Expert

Anaphylaxis UK is the only UK-wide charity operating solely for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. Whilst there's no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with serious allergies.

[@wake_up_weds](https://twitter.com/wake_up_weds) www.thenationalcollege.com [@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday) [@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.05.2025

1 - This free #WakeUpWednesday guide explains the basics of allergies and anaphylaxis, potentially life-threatening reactions that educators, carers, and parents alike should be able to recognise and respond to quickly.