Curriculum Map Reception EYFS FMS - Run, hop, jump, throw and catch

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Aims of unit	To jump and land	To jump and land	To underarm and	To jump and land	To jump and land	To jump and land
	safely.	safely.	overarm throw for	safely.	safely.	safely.
	To hop on both feet.	To throw	distance.	To roll a ball.	To run fast.	To run fast.
	To underarm and	underarm.	To travel on hands	To underarm and	To balance on a range	To underarm and
	overarm throw for	To throw overarm	and feet.	overarm throw for	of body parts.	overarm throw for
	distance.	To balance in the	To perform different	distance.	To jump in different	distance.
	To catch with	shape of a star.	rolls.	To carry equipment	ways.	To catch a large bal
	increasing accuracy.	To travel on hands	To carry equipment	safely.		To carry equipment
	To rave under, over	and feet	safely.			safely.
	and through equipment.	To balance on				
		equipment.				
Lesson	FMS	FMS - How to catch a	FMS - Rumble in the	FMS Castles	FMS Hungry Caterpillar	FMS Seaside
		star	Jungle			
Character Values	Confidence	Confidence	Confidence	Confidence	Confidence	Confidence
Aims of unit	To run fast.	To jump for distance	To jump and land	To jump and land	To jump and land	To jump and land
	To roll in different	and to land safely.	safely.	safely.	safely.	safely.
	ways.	To underarm and	To underarm and	To roll a ball.	To underarm and	To underarm and
	To jump and land	overarm throw for	overarm throw for	To underarm and	overarm throw for	overarm throw for
	safely.	distance.	distance.	overarm throw for	distance.	distance.
	To underarm and	To hop on both feet.	To travel on hands	distance.	To hop on both feet.	To roll a ball.
	overarm throw for	To explore different	and feet.	To catch a large ball.	To catch a large ball.	To carry equipment
	distance.	ways of travelling	To hop on both feet.	To combine travelling	To carry equipment	safely.
	To carry equipment	using apparatus and	To catch a large ball.	using apparatus.	safely.	
	safely.	equipment.	To carry equipment		To roll a ball with a	
			safely.		partner.	
Lesson 2	FMS - Space	FMS - Rosie's Walk	FMS - Superworm	FMS Mini Beasts	FMS Jack and the	FMS Transport
					Beanstalk	
Character Values	Confidence	Confidence	Confidence	Confidence	Confidence	Confidence