



The Magnificat (1 of 3)

My soul proclaims the greatness of the Lord,
And my spirit rejoices in God my Saviour,
For he has looked upon his handmaid in her lowliness;
For behold, from this day forward,
All generations will call me blessed.
For the Almighty has done great things for me,
And holy is his name
His mercy is from age to age
For those who fear him.



The Magnificat (2 of 3)

He has made known the strength of his arm,
And has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
And has exalted those who are lowly.
He has filled the hungry with good things,
And has sent the rich away empty.
He has helped the servant Israel,
Mindful in his mercy.



The Magnificat (3 of 3)

Even as he promised to our fathers,
To Abraham and his descendants for ever.

Glory be to the Father

And to the Son

And to the Holy Spirit;

As it was in the beginning, is now,
And ever shall be, world without end.

Amen.





The Apostles Creed (1 of 2)

I believe in God, the Father almighty
Creator of heaven and earth.

And in Jesus Christ, his only Son, our Lord,
Who was conceived by the Holy Spirit,

Born of the Virgin Mary,
Suffered under Pontius Pilate,

Was crucified, died and was buried,

He descended into hell;

On the third day he rose again from the dead;

The Apostles Creed (2 of 2)



He ascended into heaven,
And is seated at the right hand of God the Father almighty;
From there he will come to judge the living and the dead.

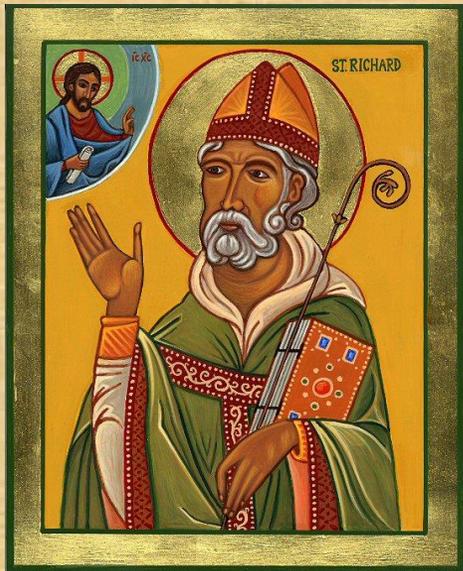
I believe in the Holy Spirit
The holy catholic Church
The communion of saints
The forgiveness of sins
The resurrection of the body,
And life everlasting. Amen

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
For all the benefits which you have given me,
For all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,

May I know you more clearly,
Love you more dearly,
And follow you more nearly,
Day by day.

Amen



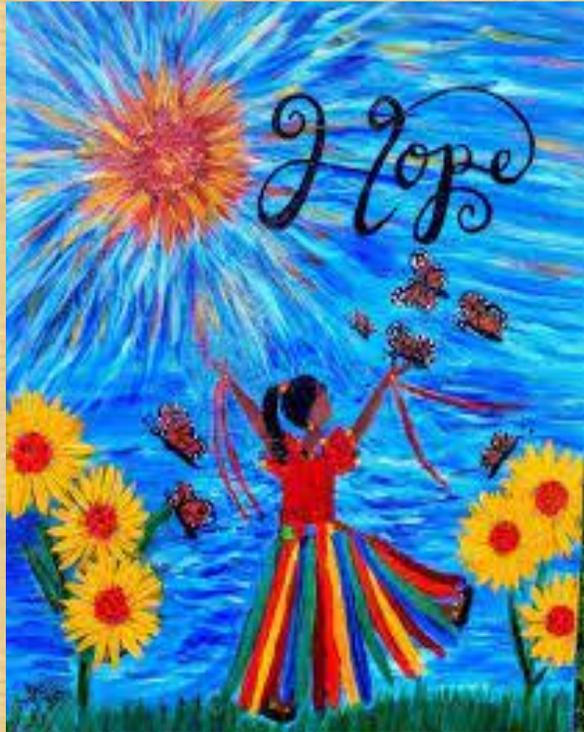
Act of Faith

My God, I believe in you
And all that your Church teaches,
Because you have said it,
And your word is true.

faith
IN GOD
changes
EVERYTHING

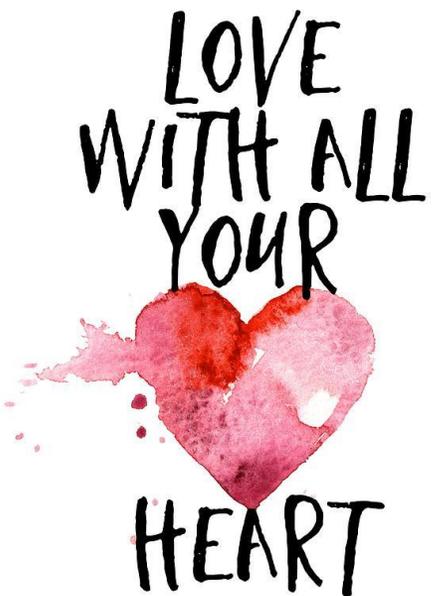

Act of Hope

My God, I hope in you,
For grace and for glory,
Because of your promises
Your mercy and your power.



Act of Love

My God, because you are so good,
I love you with all my heart
And for your sake
I love your neighbour as myself



LOVE
WITH ALL
YOUR
HEART