

# LiveSimply

NAME OF SCHOOL : St. Mary's R.C. Primary School

CONTACT NAME : Ian Jones

To register for the **LiveSimply** award, please fill out the form below and email to [schools@cafod.org.uk](mailto:schools@cafod.org.uk) .

Upon receipt of your plan we will review it, if we have any queries we will contact you.

Once your plan has been registered we will send you a registration certificate for you to display in your school to show you are working towards becoming a **LiveSimply** school and you can start your actions.



# The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p><b>GLOBAL</b></p>	<p>Description of action: BIG LENT WALK LIVING IN SOLIDARITY We will take part in CAFOD's Big Lent Walk to raise funds for CAFOD's work with our global family, supporting people in need and those living in poverty.</p> <p>Faith Input: CST - Human dignity, Solidarity, Participation, Preferential option for the poor. <a href="https://cafod.org.uk/education/primary-teaching/resources/cst-pack-for-children">https://cafod.org.uk/education/primary-teaching/resources/cst-pack-for-children</a></p> <p>Education input: We will invite a CAFOD school visitor in to explain more about the work of CAFOD and how our action can help make a difference. <a href="http://www.cafod.org.uk/BLWSchools">www.cafod.org.uk/BLWSchools</a> What is CAFOD 3min film. <a href="https://cafod.org.uk/education/kidz-zone/about-cafod-for-children">https://cafod.org.uk/education/kidz-zone/about-cafod-for-children</a></p>	<p>Description of action: CLIMATE CHANGE LIVING SUSTAINABLY/SOLIDARITY Looking at the Carbon footprint of our school and how we can reduce it. We will write to our local MP asking them to ensure the world's poorest communities most impacted by climate change are kept at the heart of any decision making,</p> <p>Faith Input: CST - Stewardship/Solidarity 1 John 3:18 'Little children, let us not love in word or talk but in deed and in truth.'</p> <p>Education input: Looking at the school's carbon footprint and how this affects climate change globally. Watch clip Laudato-Si <a href="https://youtu.be/o3Lz7dmn1eM?si=jNfSagx_IMuEEY71">https://youtu.be/o3Lz7dmn1eM?si=jNfSagx_IMuEEY71</a> Young People Demand Change <a href="https://cafod.org.uk/education/campaign-in-your-school">https://cafod.org.uk/education/campaign-in-your-school</a></p>	<p>Description of action: PRAYER OF PEACE LIVING SIMPLY The CAFOD CLUB will have an assembly to highlight the impact of war around the world. Then the school will develop a prayer for peace.</p> <p>Faith Input: CST- Promoting Peace. 'The peace that results from the fruit of the Spirit, which is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' (Galatians 5:22)</p> <p>Education input: Children will learn about the global impact of war. How this affects our global neighbours. Then the school will develop a prayer of peace to be said during the school day. Watch clip Fratelli Tutti <a href="https://youtu.be/bWpelo3mlgk">https://youtu.be/bWpelo3mlgk</a></p>
<p><b>LOCAL</b></p>	<p>Description of action: LITTER PICKING LIVING SUSTAINABLY Inspired by Laudato Si' we will organise termly litter picks in the local community so our environment is safer for wildlife and more pleasant for residents.</p> <p>Faith Input: Pupils will watch CAFOD's Laudato Si' Animation. We start each litter pick with a prayer to remind ourselves we are guardians of creation.</p> <p>Education input: We will research what can currently be recycled by our local council / other options and ensure we put the litter into the correct bins. <a href="https://cafod.org.uk/Education/Primary-teaching/resources/Laudato-Si-for-children">https://cafod.org.uk/Education/Primary-teaching/resources/Laudato-Si-for-children</a></p>	<p>Description of action: FOODBANK LIVING IN SOLIDARITY We will support our local foodbank(Burnley Foodbank). Pupils will take the lead in regularly checking what items are needed and they will share this information with parents via our school newsletter. Pupils will be involved in sorting the donations (checking the items are in date) and helping to deliver them to the foodbank.</p> <p>Faith Input: Catholic Social Teaching - Human Dignity, solidarity, preferential option for the poor. "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in" Matthew 25:3</p> <p>Education input: We will ask a representative from the foodbank to visit school to explain more about their work and the need for foodbanks. We will ensure pupils are aware of human dignity and we all need support from others at times in our lives. Sometimes that support may be in the form of friendship, help with school work,</p>	<p>Description of action: NON-SCHOOL UNIFORM DAY LIVING IN SOLIDARITY/LIVE SIMPLY We will have a non school uniform day on St.Patrick's Feast Day (17<sup>th</sup> March). Children and staff will be asked to wear something green, for a donation, to give to Pendleside Hospice..</p> <p>Faith Input: CST- Human Dignity, preferential option for the poor, participation, common good and stewardship. "Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God." (Hebrews 13:16)</p> <p>Education input: Children will learn about the work of Pendleside Hospice and how Catholic social teaching helps us to grow closer to God through our words, actions and deeds. Invite a representative for Pendleside Hospice into school to teach the children about the work they do.</p>

		<p>learning a new sport/craft, a smile and sometimes the support comes in the form of food from the foodbank</p>	
<p>SCHOOL</p>	<p>Description of action:  CAFOD CLUB MASCOT  LIVING SUSTAINABLY/LIVING SIMPLY  CAFOD club will create a mascot out of recycled materials .  The mascot will be a symbol for catholic social teaching.</p> <p>Faith Input:</p> <p>Laudato Si - caring for our common home.  <a href="https://cafod.org.uk/Education/Primary-teachingresources/Laudato-Si-for-children">https://cafod.org.uk/Education/Primary-teachingresources/Laudato-Si-for-children</a></p> <p>Education input:  We will share the 2 LiveSimply animations so everyone understands why we are taking part in the LiveSimply Award and how our pledges can help us live simply, sustainably and in solidarity. Introduction to LiveSimply animation  <a href="https://youtu.be/ky6SCsKyTMw">https://youtu.be/ky6SCsKyTMw</a> Why LiveSimply animation  <a href="https://www.youtube.com/watch?v=5ZDNgb7VBwQ">https://www.youtube.com/watch?v=5ZDNgb7VBwQ</a>  Design and technology, exploring reduce, reuse, up-cycle and recycle.</p>	<p>Description of action:  PRAYER GARDEN  LIVING SUSTAINABLY/LIVING SIMPLY  The whole school will create a sustainable and simple prayer area within the school grounds.</p> <p>Faith Input:  Reflection and prayer space for the school. Caring for God's creation  Laudato Si- caring for our common home.  <a href="https://cafod.org.uk/Education/Primary-teachingresources/Laudato-Si-for-children">https://cafod.org.uk/Education/Primary-teachingresources/Laudato-Si-for-children</a></p> <p>Education input:  Growing Spritually, learning to care for our school environment.  Using God's creation and learning how to care for it.</p>	<p>Description of action:  PICTURE BOARD  LIVING SIMPLY  All school membersl will take images around the school showing God's creation and will be changed seasonally.</p> <p>Faith Input:  Showing God's creation in our school environment.Sharing the love for our school.</p> <p>Education input:  Use of ICT and desigh/technology.to create a display of God's creation within the school</p>

## LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

### PICTURE BOARD

All school members will take images around the school showing God's creation and will be changed seasonally.

How will you plan for a wider community engagement?

We will invite families and parishioners to email pictures of the local area showing God's creation. We will also share some images on social media/school website.

### FAITH | LEARN | ACT

How is faith inspiring this action?

*You may wish to include links to scripture, Catholic Social Teaching principles, quotes from Saints/Popes, encyclicals, prayers and other faith-based material.*

LiveSimply is based on the teachings of Jesus and Catholic Social Teaching.

What will your pupils learn as a result of taking this action?

*For example, will specific educational resources be used (visit [cafod.org.uk/schools](https://cafod.org.uk/schools)), will you invite a visitor into school, will the students be doing research, will it be personal transformation?*

We will use the LiveSimply PowerPoint and share the 2 LiveSimply animations so everyone understands why we are taking part in the LiveSimply Award and how our pledges can help us live simply, sustainably and in solidarity. Introduction to LiveSimply animation

<https://youtu.be/ky6SCsKyTMw> Why LiveSimply animation

<https://www.youtube.com/watch?v=5ZDNgb7VBwQ> LiveSimply PowerPoint -

[www.cafod.org.uk/LiveSimplySchools](https://www.cafod.org.uk/LiveSimplySchools)

## Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

### PRAYER GARDEN

The whole school will create a sustainable and simple prayer area within the school grounds.

How will you plan for a wider community engagement?

We will invite families and parishioners to help 'grow' our prayer area with help in maintaining and donations of supplies/plants.

### FAITH | LEARN | ACT

What faith-based resources will you use?

*Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.*

Laudato Si' - caring for our common home. <https://cafod.org.uk/Education/Primary-teaching-resources/Laudato-Si-for-children>

What educational resources will you use?

*These can include CAFOD educational resources, or other resources that provide a learning journey.*

Children will learn about God's creation and how to care for it. They will grow in faith through spirituality and prayer.

## Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family. The live in solidarity main action needs to be from your global actions.

### Brief description of main action:

Our whole school will take part in CAFOD's Big Lent Walk to raise funds for CAFOD's work with our global family, supporting people in need and those living in poverty.

### How will you plan for a wider community engagement?

We will invite governors, parents/carers and local parishioners to join us on our walk. If anyone is unable to join the walk we will ask them to remember the walkers, CAFOD and our global family in their prayers. We will also encourage anyone in a position to do so to sponsor/donate to our walk. We will share our Justgiving link on social media so the wider community can support our action.

### FAITH | LEARN | ACT

What faith-based resources will you use?

*Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.*

CST - Human dignity, Solidarity, Participation, Preferential option for the poor.

<https://cafod.org.uk/education/primary-teaching-resources/cst-pack-for-children>

What educational resources will you use?

*These can include CAFOD educational resources, or other resources that provide a learning journey.*

We will invite a CAFOD school visitor in to explain more about the work of CAFOD and how our action can help make a difference. [www.cafod.org.uk/BLWSchools](http://www.cafod.org.uk/BLWSchools) What is CAFOD 3min 30 film. <https://cafod.org.uk/education/kidz-zone/about-cafod-for-children>

## Before you email your plan please check:

- Are all 9 actions filled in, including faith and learning elements?
- Retrospective actions are not valid for the plan, are all of your actions either ongoing or new actions?
- Will your 3 global actions impact the global community?
- Will your 3 local actions impact your local community?
- Will your 3 school actions impact your school community?
- Across your plan, have you got a good mix of living simply, living sustainably and living in solidarity actions?
- Re your 3 main actions. Will the whole school be able to participate in each of these actions?
- Will the wider community be able to get involved with the action? (parents/parishioners/local people/local businesses/MPs etc.)

### Name of School

St. Mary's RC. Primary school a Volunteer Academy

### Address

Holcombe Drive, Burnley, BB10 4BH

### Headteacher

Ian Jones

### Contact Name

Katie Collins

### Email Address

k.collins@st-marys-burnley.lancs.sch.uk

Date 05.02.24

Please email a copy of your plan to [schools@cafod.org.uk](mailto:schools@cafod.org.uk)

**CAFOD Education team,**  
**Romero House,**  
**55 Westminster Bridge Road,**  
**London SE1 7JB.**

- Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently. You can change your communication preferences at any time by contacting us at [cafod@cafod.org.uk](mailto:cafod@cafod.org.uk) or 0303 303 3030. CAFOD will never share your data for marketing. For details, see our privacy statement on [www.cafod.org.uk/privacy](http://www.cafod.org.uk/privacy)