

# A Structure for the Sacrament of Reconciliation

**1. Sign of the Cross and Welcome** ~ words of welcome and greeting

**2. Confession** ~ telling your sins to the priest

**3. Listen** ~ the priest will give you words of advice and encouragement

**4. Penance** ~ the priest will ask you to do something to show you are grateful to have your sins forgiven

**5. Act of Contrition** ~ words to say you are sorry for your sins

**6. Absolution** ~ words said by the priest that wipe away your sins

**7. Dismissal** ~ the priest will tell you to go in peace.

**8. Thanksgiving** ~ after leaving the priest, quietly say a prayer of thanksgiving and remember to do your penance