

**RSHE Long Term Plan**

<b>Class/Year group</b>	<b>Autumn 1 (10:10)</b>	<b>Autumn 2 (10:10)</b>	<b>Spring 1 (10:10)</b>	<b>Spring 2 (SCARF)</b>	<b>Summer 1 (10:10)</b>	<b>Summer 2 (SCARF)</b>
<b>(EYFS)</b>	Handmade With Love I Am Me Heads, Shoulders, Knees and Toes Ready Teddy?	I Like, You Like, We All Like! Good Feelings, Bad Feelings Let's Get Real Growing Up	Role Model Who's Who? You've Got a Friend in Me Forever Friends	Yes I can Healthy eating Move your body A good nights sleep	Safe Inside and Out My Body, My Rules Feeling Poorly People Who Help Us God is Love Loving God, Loving Others Me, You, Us	What's safe to go in my body? Including medicines Safe indoors and outdoors
<b>(Y1)</b>	Let the Children Come I am Unique	Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry	God Loves You Special People Treat Others Well... : ...And Say Sorry	Harold's money How should we look after our money?	Being Safe Good Secrets and Bad Secrets Physical Contact Can You Help Me? Three in One	I can eat a rainbow Eat well Catch it! Bin it! Kill it!
<b>(Y2)</b>	Girls and Boys Clean & Healthy	The Cycle of Life Beginnings and Endings	Real life Online Rules to Help us	Rights and responsibilities unit	Who is my neighbour? The Communities We Live In	Keeping myself safe unit
<b>(Y3)</b>	Basic First Aid (Flat Stanley day) Get Up! The Sacraments We Don't Have To Be The Same	What Am I Feeling? What Am I Looking At? I Am Thankful!	Jesus, My Friend Friends, Family and Others When Things Feel Bad	Can Harold afford it? Earning money	A Community of Love What is the Church? How Do I Love Others?	Safe or unsafe Danger or risk? Alcohol and cigarettes: the facts

**RSHE Long Term Plan**

	Respecting Our Bodies					
<b>(Y4)</b>	Basic First Aid (Flat Stanley day) What is Puberty? Changing Bodies Boy/Girl Discussion Groups	Life Cycles A time for everything	Sharing online Chatting online	Medicines—check the label	How Do I Love Others?	Harold’s expenses Why pay taxes?
<b>(Y5)</b>	Basic First Aid (Flat Stanley day) Calming the Storm Gifts and Talents	Body Image Funny Feelings Emotional Changes	Is God Calling You? Under Pressure Do You Want a Piece of Cake? Self-Talk	Rights, Responsibilities and Duties unit	The Holy Trinity Catholic Social Teaching	Drugs: true or false Smoking: what is normal? Would you risk it?
<b>(Y6)</b>	Basic First Aid (Flat Stanley day) Girls’ Bodies Boys’ Bodies Spots and Sleep	Seeing Stuff Online Making Babies Menstruation	Life Online- Sharing isn’t always caring Cyberbullying	Rights, Responsibilities and Duties unit	Catholic Social Teaching Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	What sort of drug....? Drugs: It’s the law Alcohol: what is normal?