

Sacrament of Reconciliation

Opening Words to the priest

Father, this is my first confession and I would like forgiveness for the following sins:

Now tell the priest your sins

Then listen while the priest will give you some advice and penance to do.

Act of Contrition

O My God because you are so good, I am very sorry that I have sinned against you and with the help of your grace, I will not sin again.

The priest will say the special words of absolution that take away your sins and then you are free to go back into church, to say a prayer of thanksgiving quietly.

Prayer of Thanksgiving

Thank you Jesus for your love for me and forgiving me my sins. Help me to remain close to you now and show your love to all those I meet. Amen