Curriculum map Yr 1 using Lancashire Scheme of Work.

| Year 1 | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|---------------------------|---------------------------|--------------------------|---------------------------|---------------------------|--------------------------|
| Aims of unit | Children assessed and | Children assessed and | Children investigate | Children investigate | Children will develop | Children will explore |
| | develop basic FMS. The | develop basic FMS. The | movement and explore | movement and explore | basic game-playing sills, | running, jumping and |
| | baseline unit will be the | baseline unit will be the | basic gymnastic | basic gymnastic | in particular the FMS of | throwing activities, and |
| | basis on what is | basis on what is | actions on the floor | actions on the floor | throwing and catching. | take part in simple |
| | delivered in the FMS | delivered in the FMS | and using apparatus. | and using apparatus. | They play games based | challenges and |
| | units | units | They copy or create, | They copy or create, | on net games and | competitions. They |
| | | | short movement | short movement | striking and fielding | experiment with |
| | | | phrases of like linked | phrases of 'like' linked | games. | different ways of |
| | | | actions. Eg two jumps | actions. Eg two jumps | | travelling, throwing and |
| | | | or two rolls. | or two rolls. | | jumping. |
| | | | | | | |
| Lesson | FMS- Catching | FMS underarm throw | Gymnastics 1 | Gymnastics Activities 2 | FMS overarm Throw | Athletics |
| Lesson | FMS- Catching | FIVIS UNDER ATTILLUTION | Gyilliastics i | Gymnastics Activities 2 | FIVIS OVERAITH THIOW | Atmetics |
| Character Values | Concentration | Determination | Self belief | Courage | Co-operation | Honesty |
| Aims of unit | Children will explore | Children will develop | Children will explore | Children will develop | Children will develop | Children will explore |
| | basic body actions, eg | basic game-playing sills, | basic body actions, eg | basic game-playing sills, | basic game-playing sills, | basic body actions, eg |
| | jumping and turning, | in particular the FMS of | jumping and turning, | in particular the FMS of | in particular the FMS of | jumping and turning, |
| | and use different parts | throwing and catching. | and use different parts | throwing and catching. | throwing and catching. | and use different parts |
| | of their body to create | They play games based | of their body to create | They play games based | They play games based | of their body to create |
| | and repeat short dances. | on net games and | and repeat short dances. | on net games and | on net games and | and repeat short dances. |
| | | striking and fielding | | striking and fielding | striking and fielding | |
| | | games. | | games. | games. | |
| | | | | | | |
| Lesson 2 | Dance Fire Fire | FMS Throwing and | Dance Travel | FMS Rolling a Ball | FMS Catching and | Dance - Robots |
| | | Catching | | | Bouncing a Ball | |
| Character Values | Gratitude | Concentration | I magination | Concentration | Determination | I magination |