

PE Overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	EYFS FMS FMS Space	FMS How to Catch a Star FMS Rosie's Walk	FMS Rumble in the Jungle FMS Superworm	FMS Castles FMS Mini Beasts	FMS Hungry Caterpillar FMS Jack and the Beanstalk	FMS Seaside FMS Transport
Year 1	FMS Baseline Dance Fire Fire	FMS underarm throw FMS - Supertato	Dance Travel Gymnastics Activities 1	Gymnastics Activities 2 FMS Rolling a Ball	FMs overarm Throw FMS Catching and Bouncing a Ball.	Athletics Dance - Robots
Year 2	Games Piggy in the Middle FMS Playground Games in the 20 th Century	Dance – Moving along Gymnastics Activity 1	Dance – Explorers Games – Striking and Fielding	FMS Bounce Ball Games- Net and Wall	OAA The Great Outdoors Dance - Seaside	FMS End of KS1 Assessment Athletics
Year 3	Creative Games – Tag and Target Games – Net and Wall Core Task 1	Target Games – Dodgeball Gymnastics Activity 1	Dance-Rock and Roll Gymnastics Activity 2	Dance – Ironman Invasion Games - Handball	Athletics Activities Invasion Games – Rugby 1	Striking and Fielding Games – Cricket OAA – Trust and Trails
Year 4	Dance – Sparks Might Fly Swimming 1	Gymnastics – Activity 1 Swimming 2	Dance – The Great Plague Swimming 3	Gymnastics -Activity 2 Swimming 4	Invasion Games – Basketball Target Games - Boccia	Striking and Fielding- Cricket OAA – Team Work and Problem Solving
Year 5	Creative Games Invasion Games Rugby 1	Dance – Food, Glorious Food. Invasion Games Rugby 2	Dance – Earthlings Gymnastics Activity 1	Gymnastics Activity 2 Net Games Badminton	Orienteering Swimming 5	Striking and Fielding – Cricket Swimming 6
Year 6	Net and Wall Tennis OAA – Team work and problem solving 1	Gymnastics Activity 3 Invasion Games- Netball	Dance – Heroes and Villains Gymnastics Activity 4	Invasion Games Hockey Invasion Games Football	Athletics Dance - Seaside	Striking and Fielding- Cricket OAA Teamwork and Problem solving 2

