



## ST MARY'S RC PRIMARY SCHOOL

Learn and Grow Together in Christ

### FORMAL PRAYER AND CELEBRATION OF THE WORD PROGRESSION

	Prayers	Celebration of the Word
<b>Reception</b>	Sign of the Cross Hail Mary St. Mary's School Prayer Morning Offering Grace Before Meals End of Day Prayer	Create sacred space with guidance Listen to Scripture Take part in repeated prayers or circle prayers Participate in short pieces of silence
<b>Year 1 and 2</b>	<b><i>As above and introduce</i></b> Our Father Glory Be to the Father Act of Contrition A litany – 'Pray for us' The Rosary	As above, and increasing; <ul style="list-style-type: none"> <li>- pupil's role in creating sacred space</li> <li>- period of silence</li> <li>- pupils reading scripture</li> </ul>
<b>Year 3 and 4</b>	<b><i>As above and introduce</i></b> Spanish Sign of the Cross Eternal Rest The Angelus Come, Holy Spirit The Angel of God	Creating sacred space with greater independence Selecting theme for Scripture Responding to Scripture Improvising own circle prayer/ repeated prayer/ selecting prayers for use. Use ICT for images to aide reflection Increasing periods of comfortable silence.
<b>Years 5 and 6</b>	<b><i>As above and introduce</i></b> The Magnificat The Apostles Creed Prayer of St Richard of Chichester Act of Faith Act of Hope Act of Love	Creating sacred space independently and being creative Select reading and prayers Compose prayers in different styles to match given needs Prayers becoming more detailed Creating ICT aids Invent own symbolic actions Increasing periods of comfortable silence.

**MASS PREPARATION:** As a whole school we support the children to participate in Mass over the course of the academic year:

- I confess to almighty God
- Lord, have mercy. Christ, have mercy. Lord, have mercy
- The Gloria
- Holy, Holy, Holy
- Mystery of faith, eg, Save us, Saviour of the World
- Lamb of God
- Lord, I am not worthy to receive you

**LITURGICAL YEAR:**

As a whole school we use the liturgical year to focus in on particular prayers, Eg Rosary in October; Eternal Rest in November, The Angelus and Magnificat in Advent and May, Come Holy Spirit at Easter/Pentecost, Act of Contrition in Advent and Lent



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### FORMAL PRAYERS FROM RECEPTION – YEAR 6

1	<b>Sign of the Cross</b> (daily)	In the name of the Father and of the Son and of the Holy Spirit. Amen.
2	<b>Hail Mary</b> (regularly and more frequently in May, October and each Mass)	Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen
3	<b>St Mary's School Prayer</b> (three times per week at whole school gatherings)	Speak with kindness everyday Take care of others in a gentle way. Make friends, forgive and show we care. Always love and help and share. Reach out to others when we can. Yes, we are special in God's plan. Say thank you Lord, in a joyful way, For now, tomorrow and everyday. Amen
4	<b>Morning Offering</b> (daily)	O my God you love me, You're with me night and day. I want to love you always, In all I do and say. I'll try to please you Father. Bless me through the day. Amen
5	<b>Grace Before Meals</b> (daily)	Bless us O God as we sit together. Bless the food we eat today. Bless the hands that make the food. Bless us O God. Amen
6	<b>Prayer at the end of the school day</b> (daily)	God our Father, I've come to say, Thank you for your love today. Thank you for my family, And all the friends you give to me. Guard me in the dark of night. And in the morning send your light. Amen



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### FORMAL PRAYERS FROM YEAR 1 – YEAR 6

1	<b>Our Father (Lord's Prayer)</b> (regularly, at all Masses, October with Rosary)	Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen
2	<b>Glory Be to the Father</b> (especially in October with Rosary)	Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.
3	<b>Act of Contrition</b> (especially in Advent and Lent – and for Y3 Sacramental Programme Journey)	O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace I will not sin again. Amen
4	<b>A litany</b> (especially in November with All Saints)	Eg; St. Mary.....pray for us St Joseph ..... pray for us Our Lady of St Carmel....pray for us
5	<b>The Rosary</b> (especially in October)	For each mystery or decade, one Our Father, ten Hail Marys and one Glory Be is recited. <ul style="list-style-type: none"><li>• Joyful mysteries</li><li>• The Mysteries of Light</li><li>• The Sorrowful Mysteries</li><li>• The Glorious Mysteries</li></ul> The Hail Holy Queen is a prayer to conclude the Rosary.



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### FORMAL PRAYERS FROM YEAR 3 – YEAR 6

1	<b>Spanish Sign of the Cross</b> (regularly)	En el nombre del Padre, del Hijo, y del Espiritu Santo. Amen
2	<b>Eternal Rest</b> (especially in November with All Saints and All Souls)	Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen
3	<b>The Angelus</b> (especially through Advent and May-the month of Mary)	v. The Angel of the Lord declared unto Mary. R. And she conceived of the Holy Spirit Hail, Mary, full of grace, the Lord is with thee.....  v. Behold the handmaid of the Lord. R. Be it done to me according to thy word. Hail Mary.....  v. And the Word was made flesh. R. And dwelt among us. Hail Mary.....  v. Pray for us, O holy Mother of God r. That we may be made worthy of the promises of Christ.  Let us pray; Pour forth, we beseech thee, O Lord, Thy grace into our hearts; That we, to whom the Incarnation of Christ, thy Son, Was made known by the message of an angel, May by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ, our Lord. Amen
4	<b>Come, Holy Spirit</b> (especially through Easter and Pentecost)	v. Come, Holy Spirit, fill the hearts of your faithful. R. And kindle in them the fire of your love. v. Send forth your Spirit and they shall be created R. And you will renew the face of the earth.  Let us pray, O God, who by the light of the Holy Spirit, Did instruct the hearts of your faithful, Grant that by the same Holy Spirit, We may be truly wise, and ever rejoice in your consolation. Through Christ our Lord. Amen
5	<b>The Angel of God</b> (anytime – regular)	Angel of God, my guardian dear, To whom God's love commits me here, Ever this day be at my side, To light and guard, to rule and guide. Amen.



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### FORMAL PRAYERS FROM YEAR 5 – YEAR 6

1	<b>The Magnificat</b> (especially in Advent and May-the month of Mary)	My soul proclaims the greatness of the Lord, And my spirit rejoices in God my Saviour, For he has looked upon his handmaid in her lowliness; For behold, from this day forward, All generations will call me blessed. For the Almighty has done great things for me, And holy is his name. His mercy is from age to age For those who fear him. He has made known the strength of his arm, And has scattered the proud in their conceit of heart. He has cast down the mighty from their thrones And has exalted those who are lowly. He has filled the hungry with good things, And has sent the rich away empty. He has helped the servant Israel, Mindful of his mercy, Even as he promised to our fathers, To Abraham and his descendants for ever. Glory be to the Father and to the Son And to the Holy Spirit; As it was in the beginning, is now, And ever shall be, world without end. Amen
2	<b>The Apostles Creed</b> (any time – especially in preparation for Masses)	I believe in God The Father almighty Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, died and was buried; He descended into hell; On the third day he rose again from the dead; He ascended into heaven, And is seated at the right hand of God the Father almighty; From there he will come to judge the living and the dead. I believe in the Holy Spirit, Thy holy catholic Church, The communion of saints, The forgiveness of sins, The resurrection of the body, And life everlasting. Amen
3	<b>Prayer of St Richard of Chichester</b> (anytime – especially in September)	Thanks be to you, my Lord Jesus Christ, For all the benefits which you have given me, For all the pains and insults which you have borne for me. O most merciful Redeemer, friend and brother, May I know you more clearly, love you more dearly, And follow you more nearly, Day by day. Amen.



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4	<b>Act of Faith</b> (Anytime)	My God, I believe in you And all that your Church teaches, Because you have said it, And your word is true.
5	<b>Act of Hope</b> (anytime)	My God, I hope in you, For grace and for glory, Because of your promises, Your mercy and your power.
6	<b>Act of Love</b> (anytime)	My God, because you are so good, I love you with all my heart, And for your sake, I love your neighbour as myself.



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### PRAYERS/RESPONSES FOR MASS – WHOLE SCHOOL

1	<b>I confess</b>	I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, <b>(and, striking their chest, they say)</b> through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.
2	<b>Lord have mercy</b> (Kyrie eleison)	<p>Lord, have mercy or Kyrie, eleison  <b>Lord, have mercy or Kyrie, eleison</b></p> <p>Christ, have mercy or Christe, eleison  <b>Christ, have mercy or Christe, eleison</b></p> <p>Lord, have mercy or Kyrie, eleison  <b>Lord, have mercy or Kyrie, eleison</b></p>
3	<b>The Gloria</b> (not used in Advent or Lent. Can be sung – different versions available, such as the Clapping Gloria)	<p>Glory to God in the highest,          And on earth peace to people of good will.          We praise you,          We bless you,          We adore you,          We glorify you,          We give thanks for your great glory.          Lord God, heavenly King,          O God, almighty Father          Lord Jesus Christ, Only Begotten Son,          Lord God, Lamb of God,          You take away the sins of the world,          Have mercy on us;          You take away the sins of the world,          Receive our prayer,          You are seated at the right hand of the Father,          Have mercy on us.          For you alone are the Holy One,          You alone are the Lord,          You alone are the Most High,          Jesus Christ</p>
4	<b>Holy, Holy, Holy</b> (can be sung- different versions available)	<p>Holy, Holy, Holy Lord God of hosts.          Heaven and earth are full of you glory          Hosanna in the highest          Blessed is he who comes in the name of the Lord          Hosanna in the highest</p>



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5	<b>Mystery of Faith</b> (in Mass only one is used – Fr David usually uses Save Us, Saviour of the World)	1. We proclaim your Death, O Lord, and profess your Resurrection until you come again.  2. When we eat the Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.  3. Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.
6	<b>Lamb of God</b> (also Agnus Dei – used at Breaking of the Bread)	Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.
7	<b>Lord, I am not worthy</b> (immediately before Communion)	Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.